I am a Denver native and have been an ATC practicing in the collegiate setting since 2001. I received my Bachelor’s Degree in Exercise Science with an Emphasis in Athletic Training from Fort Lewis College. Upon completion of my undergraduate studies, I attended San Jose State University, where I earned a Master’s Degree in Kinesiology. While in San Jose, I worked as a graduate assistant athletic trainer for one year at San Jose State University and for one year at Stanford University. After completing my master’s coursework, I accepted a position at the University of California, Santa Barbara, where I worked for one semester before returning to Fort Lewis College in January 2004 as an assistant athletic trainer and instructor in the athletic training education program. I worked at my alma mater until September 2011 when I had the opportunity to return to the Denver area and be closer to my family and friends, accepting my current position as an athletic trainer at Colorado School of Mines, in Golden. I have a Corrective Exercise Specialist certification, and am Graston M-1 trained.

I have also been fortunate in my career to have the opportunity to work with professional athletes in various capacities. I have served on the medical team for the ESPN X Games on multiple occasions. Additionally, I had the opportunity to work with the Denver Nuggets as an intern for the NBA Summer League. I currently do contract work for the NFL for Denver Broncos home games.

I have served as the chairperson for the Rocky Mountain Athletic Trainers’ Association scholarship subcommittee since 2014, and have found the experience to be very rewarding. I am looking forward to serving the CATA to give back to the profession that has given so much to me on a local level.

In my free time, I enjoy spending time outdoors and with my wife Kami, our children, Braylon and Ellie, and our dogs.