

Lucas Buchler, MD

Steadman Hawkins Clinic – Denver

Orthopedic Surgeon

Dr. Buchler is a graduating fellow at the UCHealth Steadman Hawkins Clinic - Denver. After graduating on July 31st, 2019, he will be joining the faculty at Northwestern University as Assistant Professor of Orthopaedic Surgery and Sports Medicine. Dr. Buchler is originally from Dyer, Indiana and completed his undergraduate studies at DePauw University in Greencastle, Indiana. He attended medical school at the Indiana University School of Medicine and then completed his residency training at Northwestern University before moving to Denver for fellowship. Dr. Buchler's clinical interests include hip preservation and sports medicine incorporating arthroscopic surgery of hip, knee, shoulder, and elbow.

Ben Cowin, DC, MS, ATC

Action Spine & Sports Medicine

Dr. Cowin has worked in professional athletics for 20 years at some level. For the past 6 years he has served as a consultant for the Olympic sport of Rugby 7s overseeing their health & human performance for the referee's. Currently he consults with the Rocky Mountain Referee Association, working with football referees in the Big XII, PAC 12, Mountain West, and SEC football as well as the NFL.

TJ Hovel, PTA

Next Level Sport Performance

Physical Therapy Assistant

TJ joined the team at Next Level Sports Performance in 2015 after receiving his Associate of Occupational Studies – Physical Therapist Assistant degree from Pima Medical Institute. He started his academic career at Colorado State University and then ran his own business before deciding to pursue his passion for sports and sports medicine. He is a Northeastern Colorado native who has been involved in athletics both as a player and coach throughout his entire life. He is an active member of the American Physical Therapy Association – Orthopedic and Sports Medicine section. He is dedicated to professional growth continuing to attend educational courses, which further enhance his skills and ability to provide his patients with top of the line care.

Jeff Katzoff, PT, DPT, ATC, CSCS

Synergy Sports and Rehab

Owner

Jeff received his undergraduate degree in Exercise Science/Athletic Training from San Diego State University in 1999. He has held athletic training positions at Ventura College and has head up several outreach programs in athletic training in Southern California High Schools. He decided to pursue his doctorate degree in Physical Therapy from Azusa Pacific University in 2005 as well as getting his Master's in Physical Education. As well as being an Athletic Trainer and Physical Therapist, Jeff is a Certified Strength and Conditioning Specialist with the NSCA, certified in Trigger Point Dry Needling, is certified as a Medical Titleist Performance Institute Clinician, and is certified to evaluate and fit for custom orthotics. He has worked in various avenues of sports rehabilitation with such relationships with the Seattle Mariners Baseball Club, San Diego State Aztecs, and the United States and Canadian National Field Hockey teams. He has extensive experience in the treatment of a variety of orthopedic injuries and specializes in pitching analysis for shoulder and elbow pain, Sacroiliac joint dysfunction, and ACL rehabilitation and prevention programs. At synergy Sports and Rehab, he assists in providing relationships between High School Athletics and appropriate medical professionals to form outreach programs and is the medical Director at Parker Lutheran High School where he heads the Athletic Training

program that provides care for those athletes. Jeff has called Colorado home since 2005 and is the owner and director of Synergy Sports and Rehab in Parker, Colorado.

Gary Sakryd, MS, AT(ret), PAC

Steadman Hawkins Clinic Denver

Instructor, University of Colorado School of Medicine, Orthopaedics

Gary graduated from the University of Southern Mississippi with his Athletic Training (ATC) degree in 1995. He went on to the University of Oregon to obtain his master's degree in sports medicine. He was selected to the Steadman Hawkins Athletic Training Fellowship in 1997 and then stayed on as a staff ATC for 2 more years. He graduated from Cornell University's Graduate School of Medical Sciences with his Physician Assistant (PAC) degree in 2003. He has worked at the Steadman Hawkins Clinic Denver as an ATC/PAC for the past 16 years. He has presented lectures at the state, regional, and national levels as an ATC/PAC since 1998. He has also published scholarly papers in peer reviewed journals primarily on baseball injuries.

Nicholas Studholme, DC

Studholme Chiropractic

President

Dr. Studholme, a Colorado native, is an expert in treating chronic pain, sports-related injuries, and analyzing and improving running form and technique. He received his Doctor of Chiropractic from Western States Chiropractic College in Portland, Oregon and has been in practice in the Denver/Boulder area since 2000. Dr. Studholme believes that personalized preventive care is of the utmost importance in helping people achieve their health goals, and his patient-centered approach to medicine is tailored to the unique needs of those who seek his counsel. Dr. Studholme's devotion to good health is the basis and primary focus of his practice, and he includes the physical, mental, and emotional aspects in order to make a more holistic and accurate diagnosis. He values the trust and confidence of his patients with whom he works in partnership for better health.

Specializing in Functional Neuro-Orthopedic Rehabilitation (FNOR), Dr. Studholme provides a well-balanced evaluative and rehabilitative experience that focuses on patient accountability. In addition to his practice, Dr. Studholme works with the Colorado Rapids, NHL players, and many of the top triathletes in the world, including Olympic medalists and Ironman Kona winners. He is also the chiropractic consultant for the University of Denver Sports and Athletics Program.

Dr. Studholme is a sought-after speaker and expert in the sports medicine field, heavily involved in continuing education seminars such as FNOR, Dynamic Tape, and Enhance Running. In 2011, Dr. Studholme helped co-found SparkMotion, a motion capture and analysis application for the iPad and iPhone. SparkMotion is the current gold standard in clinical motion capture technology and is currently used by the United States Olympic Training Centers and professional teams in the NBA, NFL, MLB, as well as colleges around the nation.

Jim Turk, MS, ATC

University of Northern Colorado

Senior Lecturer and Program Director

Jim Turk is a Senior Lecturer and the Program Director for the CAATE Accredited Professional Athletic Training Program at the University of Northern Colorado, a role he has been in for since 2016. He has served in multiple roles during his 13+ years at UNC including time as a clinically practicing Athletic Trainer in the Department of Athletics and time as the Clinical Education Coordinator for the Athletic Training Program. He arrived at Northern Colorado in 2005 after spending five years at the University of Illinois in Urbana-Champaign. There he was a clinically practicing Athletic Trainer working with the football, baseball and women's soccer programs as well as serving as an instructor in their accredited Athletic Training program. He received his Master of Science degree in therapeutic kinesiology from Illinois in May 2002 and received his

Bachelor of Science degree in exercise physiology from The Ohio State University in June 2000. He is an active member of the National Athletic Trainers' Association, the Rocky Mountain Athletic Trainers' Association, and the Colorado Athletic Trainers' Association and has taken on various service roles with multiple professional and community organizations. He currently serves as the RMATA Secretary, a member of the NATA District Secretary & Treasurer's Committee, and is a site visitor for the CAATE.

Amanda Turner, MS, RDN, CSSD

Active Fueling LLC

Sports Dietitian

Amanda is the owner of Active Fueling LLC in Denver, Colorado. She completed her Bachelor of Science degree in dietetics at Missouri State University before attending the University of Kansas Medical Center to complete her dietetic internship and Master of Science in dietetics and nutrition. Amanda has worked with well-known names such as The Biggest Loser® Resort at Fitness Ridge; Dixie State University™; Curves™ International; and the University of Colorado Anschutz Health and Wellness Center™. She currently works with high school, college, and professional athletes on improving the fueling for maximal athletic performance.

Julie Wilson, MD

Children's Hospital Colorado

Pediatric Sports Medicine Physician

Dr. Wilson is a pediatric sports medicine physician at Children's Hospital Colorado and co-director of the Concussion Program. She serves as medical director for multiple area competitive soccer clubs and is volunteer team physician for US Soccer for the U14-16 age group. She is a co-author of the recently published American Medical Society for Sports Medicine (AMSSM) Concussion position statement and has multiple grants and research projects related to pediatric concussion.

FREE COMMUNICATION PRESENTERS:

Jennifer Huseman, EdD, LAT, ATC

Metropolitan State University of Denver

Clinical Education Coordinator

Jenn began her career in a rural hospital, building a successful outreach athletic training program with the local high school. She spent many years working in this setting and was exposed to an incredible group of clinicians and clientele. In addition to working with the high school, the clinic allowed her to engage with clientele such as rodeo, pediatric, geriatric, weekend warriors, work hardening, TBI, spinal cord injury, industrial athletes, hippotherapy, aquatic therapy, and more. During this time, she also precepted for two local universities and taught a few classes for another.

In 2006, she proudly became Air Force spouse and moved to South Korea. Jenn returned to the United States in 2008 and began working for the University of Central Missouri accepting a 50/50 position of Assistant Athletic Trainer and Instructor. In 2010, she was given the opportunity to become the interim Clinical Education Coordinator at UCM for a year and in 2013, my husband received his final permanent change of station to Denver where she took the position at Metropolitan State University of Denver as the Clinical Education Coordinator as she completed her doctorate from the University of Missouri. She has been at MSU Denver for 6 years and is proud to be a part of the mission to ready students who are diverse, tenacious, primed, purposeful, and entrepreneurial. I am heavily involved in the Colorado Athletic Trainers' Association as the Secretary. Jenn has worked on numerous state and national athletic training committees and volunteers on the Board of Directors for Community Uplift Partnership. Every day will not be great, but every day I will try to give the best of parts of me.

Kelsey Krisch, ATC, NASE-CSS, PES

Synergy Sports and Rehab

Outreach Athletic Trainer

Kelsey graduated with her B.A. in Psychology from Rider University in May 2012. While at Rider, Kelsey played collegiate softball and found a passion for Athletic Training. She started her Athletic Training education at Metropolitan State University of Denver in 2015. While at Metro she has worked with the University's baseball team. She has also worked with athletes at Castle View High School, Englewood High School, and the men and women's lacrosse team at Johnson and Wales University. Kelsey currently holds the position heading the outreach Sports Medicine program for Lutheran High School in Parker.

Heidi Moore

BOC Eligible Graduate of Metropolitan State University of Denver

Heidi is a May 2019 graduate of Metropolitan State University Athletic Training Program. She is currently the head instructor at Denver Judo and head coach of the USA Judo Paralympic Team. She coached the team at the 2012 and 2016 Games and expect to be selected for 2020. During her time at MSU Denver, Heidi was selected as one of only three Athletic Training Students for the Denver Nuggets during the 2018-19 season.